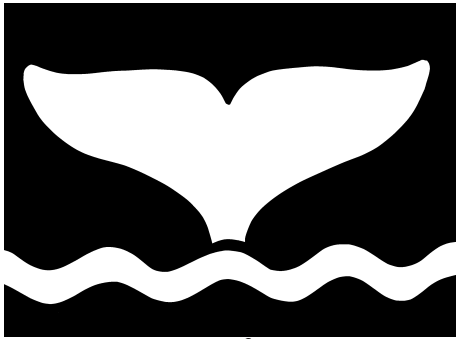


# THE WHALE'S TALE



*Frances Kelsey Secondary's  
latest breaking news and views*

*December 1, 2008 Vol. 14/No 3*

## Balance Day 2008

**by CJ Kubica, PAC President**

Monday, November 24, 2008 marked the Frances Kelsey Secondary School Fourth Annual Balance Day. This year's theme was "Thinking Outside Your Box".

Balance Day grew from our School Planning Council (SPC) goal which is "to increase student performance by improving WELLNESS (physical, emotional and social health). Through community contact from previous Balance Days, people we know in the community and input from people who approached us, the Balance Committee of parents, students and staff were able to put together an amazing selection of various health and career related topics. Student choices included session topics ranging from such things as photography, archaeology, interior design, video gaming, salsa fitness, and money management. Career oriented sessions were presented by paramedics, firefighters, the RCMP, trades, a veterinarian and many others. Sessions of interest included balloon twisting, the Beijing Olympics and "How the Snake Saved My Life". There were even sessions for students who just wanted to do their school work. There were over 40 sessions students could choose from during the two afternoon breakaway sessions. Students received Learning Guide credit for their attendance.

Once again, we combined the day with Post-Secondary Liaison Day. Grade 11 and 12 students were able to choose from a variety of university presentations in the morning sessions. Grade 9 and 10 students saw a presentation on Mount

Everest and went to Kerry Park for a skating event.

The students left the day having been fed a pizza and fruit lunch, and having received a FKSS mechanical pencil and file folder which were all generously supplied by PAC raised funds. Tim Horton's and A&W also donated to the event.

The parent organizing committee would like to extend a huge thank you to all who supported the event either by attending, by presenting, doing some of the necessary background work or by making donations. Our event would not have been nearly as successful if it wasn't for the help and support of the school and community. A special thank you to Heather Quayle and Kim Sworder, parents Judy Eburne, Sharleen Impett, and Shannon Walker, and the school techies who made themselves available throughout the day. Thanks also to Darlene Witt, Deb Melnyk and Christa Webb for spending two entire days organizing handouts and packages, our school administration, Marilyn Sandford, Kevin Van der Linden and Mike Martin, for their never-ending support, and Marcie Callewaert, our student liaison. Thank you and merci.

The next PAC Meeting will be held on Wednesday, December 10, at 7:00 p.m. in the school library.

**For complete information about the school, visit our website at [fkss.ca](http://fkss.ca)**



### Kelsey Calendar

**Mon. December 1, 2008**

Monthly report card issued with newsletter

7:00 p.m. Dry Grad parents meeting in library

**Wed. December 3, 2008**

7:00 p.m. Grad Fashion Show in dome

**Wed. December 10, 2008**

7:00 p.m. PAC meeting in library

**Thurs. December 11, 2008**

7:00 p.m. Kelsey Christmas Concert in theatre

**Fri. December 19, 2008**

Last day of classes before Christmas Break

**Mon. January 5, 2009**

First day of classes after Christmas Break

7:00 p.m. Dry Grad parents meeting in library

**Mon. January 12, 2009**

Monthly report card issued with newsletter

**Wed. January 14, 2009**

1:05 p.m. dismissal. Professional Learning Community

7:00 p.m. PAC meeting in library

**Jan. 20-24, Jan. 27-31, 2009**

FKSS Theatre production of Annie

**January 26 - 30, 2009**

Provincial exams

**Wed. January 28, 2009**

Last day of classes in Term 1

**January 29 & 30, 2009**

Turnaround Day (no classes)

# Scholarships and Bursaries

By Mike Martin, Vice-Principal

- All Grade 12 students should be regularly checking the [www.bcawardsonline.sd61.bc.ca](http://www.bcawardsonline.sd61.bc.ca) website for updated scholarship and bursary information.
- Information sessions for local scholarships and bursaries, which are available only to Kelsey students, will be offered beginning in February.

Application forms for the following scholarships and bursaries, which have deadlines in December and January, are available in the library filing cabinet:

- Canada Millennium Scholarship Foundation
- Studentawards.com and Scotiabank
- University of Alberta Academic Excellence Scholarship Competition
- University of Northern British Columbia Leadership Awards
- BC Institute of Technology Entrance Awards
- Royal Commonwealth Essay Competition
- Harry W. Arthurs Alumni Entrance Award at York University
- University of Guelph Academic Excellence and Student Leadership



Plans are underway for the June Dry Grad event for the graduating class of 2009!

Our first fundraiser, the firewood sale, was a huge success. Now with the cold weather upon us, we would also like you to take advantage of using Wescom Fireside Bricks. They are locally made, 100% natural, kiln-dried wood bricks made from recycled material, and are suitable for both

## Dry Grad 2008-2009

woodstoves and fireplaces. They burn hot, produce minimal ash, contain no chemicals and are clean and easy to stack. Wood bricks are dry and ready to burn - just use kindling to start. 400 bricks for \$100. Pre-orders can be placed by calling Lael at 250-748-5575 and letting them know that it is a Dry Grad fundraiser.

We still have Thrifty Smile cards available, as well as Country Grocer gift certificates. Every time you use one, the stores will donate a percentage back to our

## 2008-2009 DRY GRAD MEETING

Monday, December 1  
7:00 p.m. in the  
Kelsey library  
Everyone welcome  
For more information  
call 743-9440

Dry Grad fund. It costs you nothing! Please call Tracy Szabo at 250-743-1868 to arrange to pick up yours, or attend our next meeting on Monday, December 1<sup>st</sup> at 7:00 p.m. in the Kelsey Library. Meetings end around 8:00 p.m. Hope to see you there!

## Christmas is Coming! Need a Gift? Why not Kelsey Gear?

Kelsey Gear (hoodies, sweat pants and sweat shirts with the school name and logo) is sold by the Business Education program. Orders can be placed in room 229, the main office, or by calling the school at (250) 743-6916 local 309. So relax - your shopping's done!

Name:		Advisor #		Date:	
Hood with Kelsey:	White	Navy	S M L XL XXL		\$37.00
Zipper hood with logo:	White	Navy	S M L XL XXL		\$44.00
Crew neck with logo:	White	Navy	S M L XL XXL		\$36.00
Navy pants with Kelsey on butt:			S M L XL XXL		\$33.00
Yoga pants (limited number but can be ordered)					\$30.00

# Staff Recognition

**By Marilyn Sandford, Principal**

We are pleased to celebrate the following awards presented recently to three members of our Applied Skills Department:

Ms. Deborah Coulthard received an award from the Business Education Teachers Provincial Association for teaching Business Education for twenty-five years. IBM Canada sponsors the award.

Ms. Leslie-Jo Stubbe and Mrs. Sue Emblem received Pins of

Recognition from the Teachers of Home Economics Specialist Association in appreciation of their long time support and service to Home Economics Education. Ms. Stubbe has taught Home Economics in this District since 1976 and Mrs. Emblem has taught Home Economics in this District since 1984.

As well, I am pleased to report that Mr. Ian Grbavec, our Special Education teacher, attended the recent BC Annual Teachers' Congress held in Vancouver on

November 28. The Congress allows teachers from across BC to directly communicate with the Minister of Education, subsequently helping to shape the future of education in the province. Mr. Grbavec made a presentation of the draft Healthy Living Performance Standard on the Healthy Schools Network which promotes growth in the areas of Healthy Eating, Active Living, Healthy Practices and Healthy Relationships.

Congratulations to you all!

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## News from FKSS Global Issues Club

**By Janet Whitney-Brown, Student**

Mamello English Medium School is a primary school in the Pitseng region of Lesotho. It was founded in 2007 and provides instruction and lunch to 360 students, including orphans, vulnerable children and youth with special needs.

Through the organization SOLID (Salt Spring Organization for Life Improvement and Development), Frances Kelsey's Global Issues Club has made a connection with the school and will be working to

support them throughout the year. A no-speaking day called Silence for Students raised \$350 (thanks to the forty-five students who participated) that will help fund breakfasts for the students. Rising food costs are making it difficult for some families to properly nourish their kids which, of course, compromises their learning.

With December's Fair Trade Month, we will be selling "chickens". Mamello English Medium's next project is to purchase 150 chickens, start-up feed and a coop. The birds will be a source of both income and food.

You can purchase a "chicken" at the Fair Trade Market starting December 8<sup>th</sup>, or you can contact a member of the GIC.

There are three types of chickens you can buy:

- Basic Chicken - \$6.00
- Fat Chicken (chicken with its share of feed purchased) - \$10.00
- Fat Chicken in a House (chicken with its share of feed and shelter) - \$20.00

The GIC has made beautiful cards to mark your support, making "chicken cards" a wonderful holiday gift idea.

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## Cross Country 2008

**By Carmen Brown, Teacher-Sponsor**

Congratulations to our Cross Country team for a great season. Our season began with practices twice a week in mid-September, running both on the road and on trails, and continued until the end of October. We attended both the Vancouver Island Age Group Championships and the

Whale's Tale V14/N3

Island Championships at Beaver Lake, Victoria. Excellent improvement was shown by Anna Rosenkranz, Julian Wolf, and Jason Tate.

Watch for the 10k Running Club starting in early 2009!



### FKPAC

Please come and join us at our next meeting on Wednesday, December 10 7:00 p.m. in the Kelsey library

# Music Notes

**By Mr. Evans, Music Director**

Greetings from the Music Room at Frances Kelsey Secondary School! We have a very musical school year underway with young musicians involved in a number of ensembles.

## Christmas Concert

Please mark 7:00 p.m. Thursday, December 11<sup>th</sup> on your calendars. All band students will present a varied program of seasonal and other music in the school theatre. This will also be the first performance of the *Kelsey Jazz* students who have been working up a program on Wednesdays and Fridays at lunch. Admission will be by donation of a non-perishable food item for the Mill Bay Food Bank.

## Thank you PAC

We are pleased to inform you of \$5,200 of support received from the Frances Kelsey Parent Advisory Council last week. These

funds will help with the shining new band folders, a new school baritone saxophone and travel expenses to the Vancouver Island Regional Concert Band Festival next April.



## Congratulations Band Students

Our hats are off to the band students for their outstanding performance of

*O Canada* and *Peacemaker March* at the recent school Remembrance Day Assembly. The entire event was exceptional.

Special thanks are extended to Emily Cafik for her fine performance of *The Last Post* and *Reveille*.

## Annie is on her way

Music theatre students are well under way with preparations of the FKSS production of the well-love musical *Annie*. This will be an outstanding show. Plan to get your tickets early for performances in late January.

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# The Unsung Leaders

**By Freeman Lewin, Student**

All communities have them, those who put their lives on the line for the community, those who dedicate time and money to strengthen and beautify the world they call home; these heroes and leaders we see everyday in the grocery store or at the school come in many shapes and sizes. To some, they may be politicians and to others they may be the pleasant girls at the coffee shop. In any case, we all have our heroes within the community. But what about the leaders who are too young to cast their ballots on voting day; those who have yet to do something extraordinary enough to be put in the paper; the ones who in essence are leading only by the example they set? Are they still leaders? Can we still see them as heroes? The definition of leader is someone who provides

guidance and direction, so is it not fair to say that within our community anybody can be a leader, regardless of age, looks, or where they sit on the political spectrum?

*"Leaders have no expectations of rewards. Leaders have chosen to help because they care."*

I know a leader. He is eighteen and full of passion. Although he has never led me, his mere participation in the community has led me to believe in and trust this man. His name is Gordon Sutherland. He is a junior firefighter with the Shawnigan Lake Fire Department, and that

in itself is heroic. For a young man to be as committed as he is to serving his community is something remarkable, but for a young man to serve his community without compensation, without even the slightest praise from the community is something to be admired. In a recent interview when asked whether he thought that the community sees him as a leader Gordon responded uneasily, "I don't know, actually...I don't know." When asked if there was financial compensation associated with being a junior firefighter he said flatly "Umm, no."

So why do young people like Gordon do these things for the community when there is no compensation? Leaders have no expectations of rewards. Leaders have chosen to help because they care. Leaders lead because they can, and the leaders within our

community are passionate about the well-being of our community and will do anything regardless of the rewards.

All communities have them, the

unsung leaders who walk the streets picking up litter, who lend a helping hand, who fight the fires and save the stranded cats. Our unsung leaders are young and old, and are committed to the well

being of our community. Our unsung leaders will never say they are leaders. They'll never dwell on their accomplishments. They will always be unsung. To me, that is heroic.

## Art Show

The Loft Gallery in Mill Bay is having an Art Show featuring new acrylic paintings by Dave Aris. Mr. Aris teaches art at Frances Kelsey.

The Show runs from December 5<sup>th</sup> to January 9<sup>th</sup>.  
The Loft Gallery is located above Valley Vines to Wines in Mill Bay Centre.



## From the Library

The Kelsey Library has processed over 300 books and magazines since September! Orders are placed continually and titles are received all year long. Please encourage your student to see us as we have something for every reading level. Suggestions from students are always welcome.

The Stellar Book Club, which promotes Canadian authors of

books for teens, is now well underway. It's not too late to join – watch for information in the Newsbreaker or see Mrs. Emblem or Mrs. Bonner anytime. After reading one of the pre-selected books, students can critique it online then vote for their favourite nominee.

Our Word of the Day Contest continues to be a fun way to

expand vocabulary! The second competition was held in our Block W extended advisor time on Monday, December 1<sup>st</sup> and prizes were awarded to two lucky students who correctly spelled one of the words featured during November. Keep checking the library window each day for a chance to win January's contest!

## Gourmet Table d'Hote Luncheons



at the Frances Kelsey Dining Room  
Wednesday - Friday 11:30 a.m. - 1:00 p.m.

Join us for a gourmet dining experience at a reasonable price while supporting students enrolled in Vancouver Island University's Culinary Arts Program. Under the supervision of professional cooking instructors, students prepare and serve gourmet cuisine made from many locally produced ingredients! Reservations recommended - call (250) 743-0548

## Library Resource Centre Update

Bookmark the Library home page. It has a large number of links with curricular connections and can be accessed from the school homepage: [www.fkss.ca](http://www.fkss.ca) All of the online encyclopedias we subscribe to have home access. Students can pick up the passwords at the library circulation desk. Also, the database eLibrary (BigChalk) is now accessible from home. These are all valuable research tools. Encourage your sons and daughters to start their research using the Library home page, especially if they are at a loss as to where to start their searching. This page has been developed with the students' needs in mind.

## A Reminder Regarding "Snow Days"...

According to Board Policy 3500, we have been asked to remind you that in the event of inclement weather, the Superintendent may decide that schools should be closed. Announcements will be made over radio stations SUN-

FM 89.7 Duncan, CKKQ 100.3 Victoria, and CKWV 102.3 Nanaimo. In the event of a power failure during school hours, the Superintendent may close the school and request buses take students home early.

The *Whale's Tale* is distributed on the first Monday of each month, excluding holidays. Layout by Nancy Bonner, Library Assistant. Edited by staff and Administration.

# Career Centre News

## CAREER PLANNING

### **POLICE CAMP**

Applications due to the Career Centre by  
Wednesday, December 3, 2008



### **ENRICHMENT PROGRAM – June 28 to July 24**

An opportunity to network and be creative in business, sciences, and computers at a post secondary level.

[www.shad.ca](http://www.shad.ca)

**Application deadlines December 10, 2008 & January 14, 2009.**



### **SWEAT 2009**

(Structured Work Experience and Training) – March 16-19, 2009

Mini courses in:

• Animation	• 3D Modelling
• Culinary Arts	• Digital Film & Video
• Electronic Music	• Event Planning
• Fashion	• Game Production
• Graphic Design	• Interactive Web Design
• Interior Design	• Recording Arts
• Visual Effects	

Applications due: **December 15, 2008**

**WOMAN IN AUTOMOTIVE TRADES SYMPOSIUM 2009 –**  
Vancouver Community College – Friday, February 27, 2009

## WORK EXPERIENCE

### **Volunteer**

- Crohn's and Colitis Foundation of Canada  
[www.thegutsgeneration.ca](http://www.thegutsgeneration.ca)

## POST-SECONDARY INFORMATION

Set up an account at [www.pas.bc.ca](http://www.pas.bc.ca) for applications to all BC colleges and universities.

### **NEW Information 2008-2009 for:**

- Colorado State University
- Pacific Design Academy
- UBC - Forestry

### **Work Experience 12 – 4 credits**

Placements are currently being sought for grade 11 and 12 students wanting **experience in their Focus Area:** Business & Applied Business, Fine Arts Design & Media, Fitness & Recreation, Health & Human Services, Liberal Arts & Humanities, Science & Applied Sciences, Tourism Hospitality & Foods, and Trades & Technology.

## **Apprenticeships:**

Has your student been working in one of the more than 100 recognized apprenticeship jobs? They may qualify to be a Secondary School Apprenticeship (SSA) student and be given 16 credits towards their graduation – students may make an appointment to speak to Mrs. Munday in the Career Centre.

## **Apprenticeship Training:**

Students can start their apprenticeship training before they graduate and get credit towards graduation and Level one certification: Examples

- Welding
- Cooking
- Carpentry
- Electrician
- Plumbing
- Sheet Metal

Students may make an appointment to speak to Mrs. Munday in the Career Centre

## **TRAVEL OPPORTUNITIES IN CANADA AND ABROAD**

### **Opportunities:**

- AFS Intercultural Canada
- ASSE International Student Exchange
- Aupair World
- Bamfield Youth Forum
- BC Heritage Language Association
- Blyth Education
- Canada World Youth
- Canadian Education Exchange Foundation
- Class Afloat
- EF Foundation Travel
- Encounters with Canada
- Explore
- Explorica
- French Adventures in North America
- Georgia Hardy Tours
- Latitude Global Volunteering
- Japanese Exchange Programs
- Katimavik
- MEI International
- Nacel Canada Inc.
- OSEF France Canada
- Police Camp (1 week in April)
- Reach Cambridge
- Real Gap Experience
- Ritsumeikan Asia Pacific University
- Rotary Youth Exchange
- Rustic pathways
- SEVEC
- Summer Work Student Exchange
- S.W.E.A.T. (Art Institute)
- The Learning Traveler

More information available in the Career Centre.